

A woman in a black one-piece swimsuit is walking on a light-colored concrete deck. She is carrying a woven beach bag in her right hand and a piece of clothing in her left. To her left, there are two lounge chairs with white cushions and a large white patio umbrella. The background features a vast expanse of blue water, a small wooden pier on the right, and a small building on a rocky island in the distance under a clear sky.

BELLEVUE



SPA MENU

TRANSFORMATIONAL RESULTS POWERED BY THE SEA

It is no surprise that Čikat means “waiting”; you have been waiting for these gin-clear sapphire waters for a long time. Their curative treasure chest of minerals and plankton brings nature’s remedies to your beauty and wellness regime at the Bellevue Spa Clinic, our uber-chic, high-tech haven, just steps from the sea. That largesse from the sea is a gift, ideal for detox and revitalization, from which Bellevue Spa Clinic draws inspiration. After all, water symbolizes rebirth and fluidity, states of being which feel more than possible here. We cater to people in the know, like you, those who demand the most discriminating, cutting-edge, results-driven therapies, not to mention feel-good rituals, all in our stylish setting. You are here for detox, while your partner is set on re-energizing. No matter, this exceptional oasis, complete with onyx walls, chromotherapy, hydrotherapy, cryotherapy, elite trainers, and meditation nooks, caters to both of you in so many ways. You can even spa with Love on the Rocks, a treatment pour deux in our private suite. Ready? We are waiting for you!



SYNERGISED WELLNESS

PERFECT TREATMENT COMPANIONS COME TOGETHER FOR TARGETED EFFECTS

THE CRYO-TRIO
80 MIN
CRYOTHERAPY + BODYWORK

CRYOSPORTS

SPORTS MASSAGE + FULL BODY
CRYOTHERAPY

Pain-relieving. Deep muscle
regeneration. Purges lactic acid.
*Perfect after intense training.
Flushes toxins.

CRYOMORNING-AFTER

CBD MASSAGE + FULL BODY
CRYOTHERAPY

Revive senses. Release endorphins.
*Perfect after a bit of overindulging.

CRYOSLIM

DETOX MASSAGE + FULL BODY
CRYOTHERAPY

Eliminate fat cells. Burn calories.
Stimulate skin collagen.
*Perfect when looking to downsize.



FACIALS



THROUGH ITS HIGHLY PERSONALISED CLINICAL APPROACH,
RAZOR SHARP SKIN INSTANT LAB ANALYSIS, AND USE OF HIGHLY
CONCENTRATED ACTIVES, THE CULT FRENCH BEAUTY BRAND
BIOLOGIQUE RECHERCHE LIVES UP TO ITS REPUTATION FOR
ASTOUNDING RESULTS.

CREME DE LA CREME
80 MIN

This ultra-luxe age-defying treatment targets the face, neck and décolleté producing a more refined, plumped and lifted result. Highly concentrated boosters elevate this treatment and when combined with manual lifting techniques, supreme exfoliation, repairing and toning methods leave jaw-dropping effects.

*Anti-ageing, firming, lifting.

THE REBALANCER
50 MIN

This treatment is designed to address the unique needs of your skin, restoring balance and enhancing its natural radiance. It effectively regulates sebum production and detoxifies, making it perfect for oily or acne-prone skin.

*Ideal for those seeking to clarify, even out skin tone, and refine pores on the face, neck, and décolletage.

CRYO-GLOW
50 MIN

Subside sensitivity, soothe inflammation and strengthen the integrity of the epidermis in this treatment using a potent calming cocktail of botanicals and steel 'ice' wands to achieve a radiant glow, tighten pores, and reduce puffiness.

*For sensitive, reactive, or sun exposed skin

SOIN HYDRÉCLAT
50 MIN

Indulge in a luxurious hydrating treatment designed to refine and rejuvenate your skin. Perfectly suited for all skin conditions, this treatment enhances the radiance of your face, neck, and décolletage, while deeply nourishing and hydrating. The skin's texture is visibly firmed and smoothed, leaving your complexion luminous and rejuvenated. *Brightening, Rejuvenating, Moisturizing.



ENERGISED ORGANIC WELLNESS

CULT GREEN-BEAUTY BRAND ISUN IS 100% ORGANIC, 100% WILDCRAFTED, MULTI-AWARD-WINNING ARTESIAN SKINCARE POWERED BY PLANTS AND GEMSTONES.

**CRYSTAL
50 MIN**

A crystal-clear complexion awaits you as we purify blemished and congested skin. Mineral-rich Moroccan Rhassoul Clay is themed throughout to draw out impurities and detoxify, while oils of Neem and Tea Tree dissolve blemishes. A facial massage with unrefined shea and calming herbs, along with a crystal marma massage, leaves your skin feeling soothed and nourished.

*Purify, Detoxify, Clear.

**BALANCE
80 MIN**

Indulge in a serene, energy-balancing treatment that incorporates a customized exfoliation along with three facial masks. Each mask has a specific purpose, from soothing and hydrating to nourishing your skin, leaving it looking and feeling its best. As herb-infused gemstone oils and corresponding crystals work to bring energy imbalances into alignment, you will feel a sense of total relaxation and balance of mind, body and spirit wellbeing.

*Soothe, Hydrate, Nourish.

**ELEVATE
50 / 80 MIN**

Indulge in a therapeutic and deeply relaxing facial that targets lackluster and devitalized skin. Ancient gua sha techniques stimulate energy flow and circulation, contouring your facial angles and removing lymphatic toxins. With an elevated facial massage, your facial muscles will tone, resulting in firmer, smoother and calmer skin.

*Purify, Lift, Calm.

Hydracial®

HYDRAFACIAL 30 / 50 MIN

THE SAVIOUR TREATMENT THE WORLD IS OBSESSED WITH!

THIS 3-PHASE MEDICAL-GRADE FACIAL IS THE LATEST ADVANCEMENT IN NON-LASER RESURFACING TREATMENTS. HYDRO-DERMABRASION REMOVES TOP LAYERS OF SKIN, VACUUM EXTRACTIONS CLEAR PORES, WHILE VITAMIN AND ENZYME SERUMS ARE PRESSURE-INFUSED INTO THE DEEPER DERMAL LAYERS.



BODY THERAPY

WRAPPED IN WAVES**60 MIN**

BY TIDES

For those who want to create space for a purifying and stress-relieving experience in which deep purification can take place while improving skin tone, texture, elasticity, and firmness. Expect to feel refreshed with a new sense of lightness, space, and perspective.

*Perfect for those looking to improve skin tone, texture and deep relaxation.

MAGNESIUM SEA-TOX**110 MIN**

BY TIDES

SEA MINERAL BODY SCRUB +
LYMPH DRAINAGE MASSAGE +
MAGNESIUM SOAK + SEAWEED
SLIM WRAP & SCALP TREATMENT

Algae, sea salts, magnesium, and essential oils work together to purify cells, remineralize the skin, tissues, and organs, and promote detoxification.

*Perfect for slimming, detoxing, and remineralization.

SEA MINERAL BODY SCRUB**30 MIN**

BY TIDES

Exfoliate skin to glowing perfection with magnesium, sea salt and sea plant extracts. Finished off with an invigorating application of Ocean Skin Food body oil.

SEA MINERAL SOAK

30 MIN

BY TIDES

The Latin phrase Sanitas per Aqua literally means “health through water” and is the origin of the term S.P.A! Shamans, wise men, and physicians alike have touted the multitude of benefits from, yes, just taking a bath! Enhance your treatment with a 30-minute liquid cure from The Tides:

*Sea-Tox – purify and detoxify with seaweed and cypress

*Dream Catcher – chill and remineralize with magnesium and lavender

*After Class – soothe and recover with pine and eucalyptus

*Energy Booster – revitalize and fortify with chlorella and sea fennel

CBD SOUL TONIC

60 MIN

BY ISUN

ROSEMARY-SAGE BODY SCRUB
+ CBD INFUSED BODY MASK
+ COCOONED WRAP + MINI FACIAL
+ INVIGORATING MASSAGE

CBD is a chemical compound found in the cannabis plant proven to reduce inflammation, relieve pain, temper anxiety, and promote sleep.

*Perfect for those seeking deep relaxation, pain relief, and to reduce anxiety.



SPA CLASSICS - MASSAGE

THE SEA-TOX MASSAGE **50 / 80 MIN**

Detox massage is taken to a new level. Vigorous and repetitive strokes employing the use of hands and specialised rollers break down cutaneous tissue and fibrous cellulite in this targeted massage to encourage the process of toxin elimination. Employing the power of sea plant extract and magnesium the body is encouraged to energise the lymphatic system thus cleansing, flushing, and oxygenating the muscles and tissues and dramatically reducing water retention.

**Our advanced detox 80 minute session includes drainage with cupping.

*Perfect for those cleansing, or to assist in fluid drainage

THE FLOATING MASSAGE **50 MIN**

This 'swim-in-the-sea' massage takes place upon a specially designed aqua-cushion that perfectly cradles and supports your body creating the ideal environment for surprising depth of pressure. Mimicking the rhythm and fluidity of gentle waves, your body is lulled into a state of deep relaxation whilst floating on a cloud of warm water. The nature of the cushion and position of the body allows the muscles and tendons to be manipulated from every angle, giving the therapist greater ability to employ intensity through one's own body weight.

*This experience is ideally suited for those with deep-seated muscular tension, energetic stubbornness, and difficulty in relaxing.

CRYSTAL ENERGY MASSAGE

80 MIN

BY ISUN

Experience a deeply relaxing massage that balances your energy and brings any imbalances into alignment. Calming and uplifting aromatherapy blends, energy-balancing gemstones and herb-infused massage oils release stagnation and energy blockages, allowing for greater flow in your body. As a result, you'll feel a deep sense of relaxation and overall wellbeing, leaving you refreshed and rejuvenated.

*Ideal for those looking to replenish their energy.

THE CLASSIC VUE

30 / 50 / 80 MIN

A classic individualized massage experience tailored to your specific needs and preferences. Choose which areas you would like to focus on. Choose your aromatherapy. Choose your massage style.

*Perfect for those seeking a personalized massage experience tailored to their unique needs.

SPORTS RECOVERY

50 / 80 MIN

A powerful massage using a combination of deep, penetrating strokes, kneading, and lighter sweeping strokes. Together, these techniques are particularly effective for reducing muscle stiffness, improving circulation, and flushing lactic acids.

*Perfect after intense training.

LOVE ON THE ROCKS
110 MIN

PRIVATE SPA SUITE WITH STEAM ROOM AND SAUNA FOR 2 + ONYX STONE MASSAGE + BOTTLE OF BUBBLES AND BERRIES

For couples looking to enjoy the perfect blend of privacy and luxury. Relax in the steam room and sauna, then indulge in an Onyx Stone massage while unwinding with a glass of bubbly and fresh berries, creating an unforgettable moment of relaxation and connection.

*Ideal for couples seeking an intimate and luxurious relaxation experience.



HIGH TECH

CRYOSAUNA SOLO
SUB-ZERO MULTI-BENEFIT
SUPERHERO

Full body exposure to subzero temperatures activates several physiological mechanisms in the body. Just 3 minutes in the cryo chamber stimulates cellular rejuvenation from within, activates the metabolism, relieves pain and inflammation, burns up to 800 calories, boosts the immune system, increases skin collagen production, and regulates sleep patterns... that is just to name a few.

VENUS LEGACY
THE ABSOLUTE FRONT RUNNER
IN ADVANCED SLIMING AND
CONTOURING TECHNOLOGY

This multifaceted dream team of 4D™ technology, Multi-polar Radio Frequency (RF), Pulsed Electro Magnetic Fields (PEMF), and VariPulse™ achieves exceptional results for the face, neck, and all-over body. Powerful multipolar radio frequency promotes the formation of new collagen and elastin, resulting in firmer and more elastic skin. In just a few sessions, you can expect visible results in:

- Fatty tissue reduction
- Cellulite reduction
- Wrinkle reduction
- Stretch mark reduction
- Dark circle reduction
- Tightening of the skin

ZERONA / VERJU LASER
THE SHAPESHIFTER THAT
REFINES WHAT EXERCISE
AND DIET CANNOT

Zerona Emerald Laser is the only FDA-approved cold laser body contouring system that effectively removes fat cells. With no recovery or downtime, this revolutionary self-scanning laser reduces fatty tissue, effectively reducing volume in the waist, hips, and buttocks. Hello, new you!

*Not recommended for certain health conditions.

**OPI & KURE BAZZAR MANI-PEDI
BRANDS THAT DEFINE EXCELLENCE**

SPA MANICURE
45 MIN

Gentle exfoliation of the hands, cuticle care, nail filing and shaping, followed by a perfect polish for a flawless finish.

SPA PEDICURE
60 MIN

A soak in our Bellevue Detox Blend invigorates tired feet. Dry skin is removed, nails cut and cleaned, a penetrating moisture balm massage with flawless polish.

EXPRESS POLISH CHANGE
30 MIN

A quick nail filing, shaping, and buffing, finished with a classic polish for a fresh look in no time.

*** PERMANENT POLISH SERVICES ARE AVAILABLE. PLEASE INQUIRE

AVEDA HAIR SPA

AVEDA HAIRLAB BY RUŽA OFFERS PERSONALIZED HAIR AND SCALP TREATMENTS USING NATURAL AVEDA PRODUCTS, INCLUDING 98% NATURAL HAIR COLORS ENRICHED WITH PLANT OILS. THROUGH ADVANCED MICRO-CAMERA DIAGNOSIS, OUR EXPERTS CREATE TAILORED NOURISHMENT PROTOCOLS FOR OPTIMAL HAIR HEALTH, WITH VISIBLE RESULTS AFTER 2-3 TREATMENTS.

AVEDA BOTANICAL THERAPY
45 MIN

An individualized treatment for the scalp and hair with instant results. The treatment involves a sensorial experience with essential oils individually chosen for each client, and a relaxing and stimulating massage of the scalp, neck and shoulders. The result is a detoxed scalp and deeply nourished and strengthened hair.

*Ideal for those looking to detox the scalp and deeply nourish and strengthen their hair.

AVEDA SCALP AND HAIR
RESCUE THERAPY

After diagnosing with the micro camera, the selection and number of treatments are personalized to create a tailored care protocol for each client. The price depends on the chosen treatments and their frequency. The therapy includes a minimum of 3 treatments, with the recommended number being 6, all selected based on the client's specific needs.

*Ideal for those looking to improve scalp health and restore hair vitality.

*** IN OUR SALON, YOU CAN ALSO INDULGE IN A WIDE RANGE OF LUXURIOUS TREATMENTS, INCLUDING CUTTING, COLORING, AND OTHER PREMIUM HAIR CARE SERVICES.

POWER PLAYS

FITNESS

Reenergise, push your boundaries, or simply move in a new way, whatever your fitness goal, our top-in-class equipment and expertise can help you achieve it.

- Yoga | Pilates
- Personal Training
- Swimming Lessons
- Fitness for kids

*Check our daily schedule of signature fitness activities including seaside nordic walks, yoga, pilates, mind-body activities

DIAGNOSTIC SECA mBCA 45 MIN

The SECA mBCA is a medical-grade body composition analyzer that provides precise measurements of fat mass, muscle mass, and body water. Utilizing bioelectrical impedance analysis, it delivers detailed insights into an individual's body composition in under 20 seconds. This tool is invaluable for monitoring health conditions such as obesity, diabetes, and malnutrition, and is widely used across various medical specialties.



SPA GUIDELINES

ENJOY A FULL RANGE OF AMENITIES WHEN BOOKING A SPA TREATMENT, INCLUDING A ROBE, SLIPPERS AND PRIVATE CHANGING AREA. IN CONSIDERATION OF OTHER GUESTS WE ASK THAT ALL MOBILE PHONES BE TURNED OFF WHILE AT THE SPA. OUR SPA, THERMAL ZONE AND POOL AREAS ARE NON-SMOKING FACILITIES. OUR PRICES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION.

FACILITY USAGE

All resident guests enjoy complimentary use of the spa facilities during designated hours.

AGE REQUIRED

Our guests must be 16 years old or older to enjoy spa treatments. Children 14 years or older may enjoy certain treatments with their parent's consent.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 8 hours' notice if you must cancel or change any treatments. Without this notification you will be charged in full.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.

RESERVATIONS

Advance reservations are recommended to ensure your preferred booking time and avoid disappointment. From within the hotel, press the Spa image button. Or contact us +385 (0) 51 679 050, bellevue.spaclinic@losinj-hotels.com

CHECK- IN

Please check-in at the Spa Reception Desk at least 15 minutes prior to your first appointment. For comfort, we invite you to wear your guest room robe. We regret that late arrivals will not receive an extension of scheduled treatment time.

GIFT CERTIFICATES

An experience at our spa would make a wonderful gift for any special occasion. Please enquire with our spa reception for details and purchase.



LVX
Preferred
HOTEL & RESORT



2021 AWARD
WINNER
SPA



B/

HOTEL BELLEVUE · ČIKAT 9 · HR-51550 MALI LOŠINJ · CROATIA

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