

SPRING SERVICES



THE CRYO-TRIO

80 min 1300 kn | 173€

CRYOTHERAPY
+
BODYWORK

CRYOSPORTS
SPORTS MASSAGE +
FULL BODY CRYOTHERAPY

Pain-relieving. Deep muscle
regeneration. Purge lactic acid.
*Perfect after intense training

CRYOMORNING-AFTER
AROMA MASSAGE +
FULL BODY CRYOTHERAPY

Flush toxins. Revive senses.
Release endorphins.
*Perfect after a bit of over indulging

CRYOSLIM
DETOX MASSAGE +
FULL BODY CRYOTHERAPY

Eliminate fat cells. Burn calories.
Stimulate skin collagen
*Perfect for downsizing

LOVE ON THE ROCKS

80 min 2500 kn | 333€ For Two

For the sophisticated couple who demand the best in privacy and style. Unwind in your secluded steam room and sauna and melt together with a side-by-side warmed stone massage, all whilst enjoying a bottle of bubbles and fresh berries.

THE GRAND CRU BODY
By Valmont

80 min 1200 kn | 160€

An incredible treatment of intense massage techniques to stimulate circulation, activate the lymphatic system, re-sculpt, and combat cellulite. With the assistance of specialised exfoliant and slimming serums your skin will look brand new.

*Perfect for contouring and detoxing

THE CLASSIC VUE

50 / 80 min
700 kn / 1000 kn | 93€ / 133€

A completely bespoke massage experience that indulges your individual needs and wants. Our expert therapists will tailor your treatment to focus on the areas of tension you would like addressed, your preference of massage style, and your choice of exquisite aromatherapy oils. Massage style options; Sports, Swedish, or Detox .

INIJA (Lat. Pinus pinea)

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THE GRAND CRU FACIAL
By Valmont

80 min 1200 kn | 160€

This ultra-luxe, age-defying treatment targets the face, neck, and décollete using the iconic 'Vitality of the Glaciers' line from Valmont. Manual lifting techniques plus concentrated serums and plumping collagen mask refine, re-sculpt, and improve elasticity.

*Anti-ageing, firming, hydrating

JAPANESE BIO FILLER
By Forlle'd

50 | 80 min 800 kn | 1200 kn 107€ | 160€

Developed by Dr. Makoto Hatto, Forlle'd Hyalogy employs breakthrough nano technology that significantly reduces the size of the hyaluronic acid molecule. Along with ionised minerals, metals, and bio peptides, this treatment is our most hydrating. A non-invasive treatment touted by dermatologists as 'an injectable in a bottle'.

* Hydrating, plumping

HYDRAFACIAL

30 | 50 min 700 kn | 1100 kn 93€ | 147€

The saviour treatment the world is obsessed with

This three phase medical-grade facial is the latest advancement in non-laser resurfacing treatments. Hydro-dermabrasion removes top layers of skin, vacuum extractions clear pores while vitamin and enzymes serums are pressure infused into the deeper dermal layers.

*Smoothing, deep cleansing, nourishing

EXIMIA

50 min 700 kn | 93€

The shapeshifter that refines what diet and exercise cannot

A five step dream team of laser, radio-frequency, and magnetic technology combine to measurably reduce adipose tissue while lifting and contouring stubborn fatty areas of the body.

*Slimming, lifting, contouring

SPA MANICURE

45 min 400kn | 53€

SPA PEDICURE

50 min 500kn | 67€

Beginning with a soak in invigorating oils, rough dry skin is then exfoliated, nails shaped and cleaned, deep penetrating moisture softens skin and we finish with flawless polish. Options of:

- Kure Bazaar Natural Range
- OPI classic polish
- OPI permanent

Add 15 min | 100kn